

# HONG KONG SWIMMING COACHES ASSOCIATION

To : Members

15 July, 2016

## HKSCA Coach Accreditation Programme - Level 1 Coaching Course 2016-2017

Three HKSCA Level 1 Coaching Courses are now open for application. Ten ( 10 ) classroom lecture sessions and Five ( 5 ) practical water sessions of 2 hours each will be conducted at the \*OH and \*HKSI . Class A will start from 13 November 2016 until 20 December 2016, Class B will start from 8 January 2017 until 21 February 2017 and Class C will start from 26 February 2017 until 11 April 2017. Timetables of the sessions are enclosed for your reference. It is subject to change depending on venue availability. Please note language used is Chinese.

Those who are interested must submit their applications **IN PERSON** to the HKSCA Office at Rm 1205, Fortress Tower, 250 King's Road, North Point, Hong Kong ( Telephone number - 25122315 ) no later than **5:00 p.m. on 17 August 2016 ( Wednesday )** . All applicants must take the **water test** at HKSI swimming pool, Shatin on **09 October 2016 ( Sunday ) from 7:00-9:00pm.**

Pre-requisite qualification as stipulated in the course Common Syllabus are as follows: -

- 1) Age 18 or over.( Age is calculated as of 19 August 2016)
- 2) Equivalent to Hong Kong Education standard F.3 or above.
- 2.1) Applicants who do not possess the formal qualifications required but are age 35 or above may be granted exemption from the general admission requirements provided that:
  - 2.1.1) They are able to show by acceptable evidence that they have relevant working experience in the sports for 10 years or more; and
  - 2.1.2) Being recommended to attend the course by this Association.
- 3) Able to swim 100m Individual Medley.

Applicants must provide **ORIGINAL** and **PHOTOCOPIES** of the above as deem appropriate, along with the application form.i.e. original and copy of HKID card; original and copy of school certificate.

Swimming ability demonstrated in the water test will be a weighted factor in accepting your application to the certificate course. Priority of acceptance will be given to those who are holders of HKASA Swimming Officials Certificate and those with signed recommendation from HKASA . affiliated clubs who are actively engaged in HKASA's activities.

Registration and Test fee of **HK\$ 300** is payable to the **Hong Kong Swimming Coaches Association Ltd.** office together with application form and requested documents..Course fee of **HK\$ 5000** ( includes a copy of the course Common Syllabus ) is payable to the **Hong Kong Swimming Coaches Association Ltd.** immediately on successful application to the course. **FEES PAID ARE NOT REFUNDABLE IN ANY CASE.**

The Level 1's Certificate will be issued after completion of the course ( 80% attendance or above is required ) and successful completion of the written examination .

Note: The course syllabus is subject to alteration with or without prior notice.

\*HKSI(POOL) – Hong Kong Sports Institute, Shatin, New Territories. .

\*OH – Room 2-6, 1<sup>st</sup> floor, Olympic House, 1, Stadium Path, So Kon Po, Causeway Bay, Hong Kong.

( Education Programme )

c.c. President / Hon. Secretary / Hon. Treasurer

**HKSCA Coach Accreditation Programme - Level 1 Coaching Course 2016-2017**

**APPLICATION FORM**

NAME : ( ENGLISH ) \_\_\_\_\_ ( CHINESE ) \_\_\_\_\_

DATE OF BIRTH \_\_\_\_\_ AGE : \_\_\_\_\_ SEX : \_\_\_\_\_ HK I.D. CARD NO. \_\_\_\_\_

ADDRESS : ( IN ENGLISH )

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( IN CHINESE ) \_\_\_\_\_

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CONTACT TEL : \_\_\_\_\_ E MAIL: \_\_\_\_\_

EDUCATION : \_\_\_\_\_

ANY CERTIFICATE ISSUED BY HKASA OR OTHER ORGANISATION : ( copy required )

TEACHING / COACHING EXPERIENCE IN SWIMMING IF ANY : ( with date and period )

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PLEASE INDICATE YOUR PREFERENCE OF CLASS A or B or C. THE FINAL DECISION FOR CLASS ASSIGNMENT IS AT THE TOTAL DISCRETION OF HKASA. (  CLASS A /  CLASS B /  CLASS C /  ANY CLASS OF A , B OR C )

SWIMMING CLUB'S RECOMMENDATION LETTER :  
( Reasons to support the applicant to this course )

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Club Head's signature : \_\_\_\_\_ Club chop : \_\_\_\_\_ Date : \_\_\_\_\_

Name in block : \_\_\_\_\_

## HKSCA Coach Accreditation Programme - Level 1 Coaching Course 2016-2017

DATE	TIME	VENUE	CONTENT	LECTURER
09/10/2016 (Sun)	19:00-21:00	HKSI (POOL-10Lanes)	Water Test	YKT

### CLASS A

DATE	TIME	VENUE	CONTENT	LECTURER
13/11/2016 (Sun)	08:00-10:00	OH	Lecture	AYSL
	10:00-12:00	OH	Lecture	FTC
	19:00-21:00	HKSI (POOL)	Practical	FTC
20/11/2016 (Sun)	08:00-10:00	OH	Lecture	YWP
	10:00-12:00	OH	Lecture	FTC
	19:00-21:00	HKSI (POOL)	Practical	FTC
27/12/2016 (Sun)	08:00-10:00	OH	Lecture	JL
	10:00-12:00	OH	Lecture	FY
	19:00-21:00	HKSI (POOL)	Practical	JL
04/12/2016 (Sun)	08:00-10:00	OH	Lecture	JL
	10:00-12:00	OH	Lecture	FY
	19:00-21:00	HKSI (POOL)	Practical	JL
11/12/2016 (Sun)	08:00-10:00	OH	Lecture	JL
	10:00-12:00	OH	Lecture	FY
	19:00-21:00	HKSI (POOL)	Practical	FY
20/12/2016 (Tue)	19:30-21:30	OH	Examination	YKT

### CLASS B

DATE	TIME	VENUE	CONTENT	LECTURER
08/01/2017 (Sun)	08:00-10:00	OH	Lecture	AYSL
	10:00-12:00	OH	Lecture	FTC
	19:00-21:00	HKSI (POOL)	Practical	FTC
15/01/2017 (Sun)	08:00-10:00	OH	Lecture	YWP
	10:00-12:00	OH	Lecture	FTC
	19:00-21:00	HKSI (POOL)	Practical	FTC
22/01/2017 (Sun)	08:00-10:00	OH	Lecture	JL
	10:00-12:00	OH	Lecture	FY
	19:00-21:00	HKSI (POOL)	Practical	JL
05/02/2017 (Sun)	08:00-10:00	OH	Lecture	JL
	10:00-12:00	OH	Lecture	FY
	19:00-21:00	HKSI (POOL)	Practical	JL
12/02/2017 (Sun)	08:00-10:00	OH	Lecture	JL
	10:00-12:00	OH	Lecture	FY
	19:00-21:00	HKSI (POOL)	Practical	FY
21/02/2017 (Tue)	19:00-21:00	OH	Examination	YKT

### CLASS C

DATE	TIME	VENUE	CONTENT	LECTURER
26/02/2017 (Sun)	08:00-10:00	OH	Lecture	AYSL
	10:00-12:00	OH	Lecture	FTC
	19:00-21:00	HKSI (POOL)	Practical	FTC
05/03/2017 (Sun)	08:00-10:00	OH	Lecture	YWP
	10:00-12:00	OH	Lecture	FTC
	19:00-21:00	HKSI (POOL)	Practical	FTC
19/03/2017 (Sun)	08:00-10:00	OH	Lecture	JL
	10:00-12:00	OH	Lecture	FY
	19:00-21:00	HKSI (POOL)	Practical	JL
26/03/2017 (Sun)	08:00-10:00	OH	Lecture	JL
	10:00-12:00	OH	Lecture	FY
	19:00-21:00	HKSI (POOL)	Practical	JL
02/04/2017 (Sun)	08:00-10:00	OH	Lecture	JL
	10:00-12:00	OH	Lecture	FY
	19:00-21:00	HKSI (POOL)	Practical	FY
11/04/2017(Tue)	19:00-21:00	OH	Examination	YKT

11-13 Mar 2016 Age Group Short Course Champ.

Please bring your own swimming cap, kickboard and pullbouy during the practical session. 自備游泳用具(泳帽, 浮板及夾腳浮泡)

HKSI(POOL) – Hong Kong Sports Institute, Shatin, New Territories. 香港沙田體育學院

OH – Olympic House( Room 2-6), Stadium Path, 1, So Kon Po, Causeway Bay, Hong Kong. 香港銅鑼灣掃桿埔奧運大樓(政府大球場隔鄰)

### 交費前須知：

1. 本課程共 15 課節（星期日上午算兩節），出席率要求為 80%，不達標者不獲考試資格。
2. 遲到、早退超過 30 分鐘作缺課半節論，超過 60 分鐘作缺課論。
3. 缺水上實習課超過一次須於下期補回。
4. 導師安排的作業必須準時繳交，欠交者不獲發證書。
5. 考試試卷為中文。合格要求為 60%，不設補考。
6. 任何作弊行為（如考試作弊、簽到後未經主辦單位負責人批准擅自早退）一經發現即取消考試資格。

### Please read before paying fee

1. This course is consisted of 15 lessons (Sunday morning session is counted as 2 lessons). An attendance rate of 80% is a pre-requisite for sitting for the course examination.
2. Late arrival or early dismissal for more than 30 minutes will be considered as absent for  $\frac{1}{2}$  lesson and for those exceeding 60minutes will be considered as absent for the lesson.
3. For those who are absent from the practical water class for more than once, will be required to attend make-up lessons in the next HKASA Swimming Teachers' Certificate course accordingly.
4. Attendees must submit home work as required by instructors failing which certificates will not be granted.
5. The examination will be carried out in Chinese. The passing requirement is 60% and no make-up examination can be arranged.
6. Any cheating action, e. g. cheating at examination or early dismissal without the organizer in-charge's approval after sign-in to class, will lead to dis-qualifying for sitting in the examination.