#### HONG KONG SWIMMING COACHES ASSOCIATION

To: Members 13 July, 2018

#### HKSCA Coach Accreditation Programme - Level 1 Coaching Course 2018-2019

Three HKSCA Level 1 Coaching Courses are now open for application. Ten (10) classroom lecture sessions and Five (5) practical water sessions of 2 hours each will be conducted at the \*OH and \*HKSI. Class A will start from 11 November 2018 until 20 December 2018, Class B will start from 23 December 2018 until 29 January 2019 and Class C will start from 17 February 2019 until 2 April 2019. Timetables of the sessions are enclosed for your reference. It is subject to change depending on venue availability. Please note language used is Chinese.

Those who are interested must submit their applications **IN PERSON** to the Hong Kong Swimming Coaches Association Office at **Rm 1205**, **Fortress Tower**, **250 King's Road**, **North Point**, **Hong Kong** ( Telephone number - 25122315 ) no later than **5:00 p.m. on 21 September 2018** (**Friday**). All applicants must take the **water test** at HKSI 52M swimming pool, Shatin on **14 October 2018** (**Sunday**) **from 7:00-9:00pm**.

Pre-requisite qualification as stipulated in the course Common Syllabus are as follows: -

- 1) Age 18 or over.( Age is calculated as of 21 September 2018)
- 2) Equivalent to Hong Kong Education standard F.3 or above.
- 2.1) Applicants who do not possess the formal qualifications required but are age 35 or above may be granted exemption from the general admission requirements provided that:
- 2.1.1) They are able to show by acceptable evidence that they have relevant working experience in the sports for 10 years or more; and
- 2.1.2) Being recommended to attend the course by this Association.
- 3) Able to swim 100m Individual Medley.

Applicants must provide a **PASSPORT PHOTO**, **ORIGINAL** and **PHOTOCOPIES** of the above as deem appropriate, along with the application form.i.e. <u>original and copy of HKID card</u>; <u>original and copy of school certificate</u>.

Swimming ability demonstrated in the water test will be a weighted factor in accepting your application to the certificate course. Priority of acceptance will be given to those who are holders of HKASA Swimming Officials Certificate and those with signed recommendation from HKASA affiliated clubs who are actively engaged in HKASA's activities.

Registration and Test fee of HK\$ 300 is payable to the "Hong Kong Swimming Coaches Association limited" together with application form and requested documents. Course fee of HK\$ 5000 (includes a copy of the course Common Syllabus) is payable to the "Hong Kong Swimming Coaches Association limited" immediately on successful application to the course. FEES PAID ARE NOT REFUNDABLE IN ANY CASE.

The Level 1's Certificate will be issued after completion of the course (80% attendance or above is required) and successful completion of the written examination.

Note: The course syllabus is subject to alteration with or without prior notice.

\*HKSI(POOL) - Hong Kong Sports Institute, Shatin, New Territories. .

\*OH – Room 3-7, 1st floor, Olympic House, 1, Stadium Path, So Kon Po, Causeway Bay, Hong Kong.

(Education Programme)

c.c. President / Hon. Secretary / Hon. Treasurer

# <u>HKSCA Coach Accreditation Programme - Level 1 Coaching Course 2018-2019</u>

#### **APPLICATION FORM**

| NAME : ( ENGLISH )   |  |                   | (CHINES           | 단)           |  |
|--|--|-------------------|-------------------|--------------|--|
| DATE OF BIRTH  | AGE :  | SEX :             | HK I.D. CA        | RD NO        |  |
| ADDRESS : ( IN ENGLISH )   |  |                   |                   |              |  |
|  |  |                   |                   |              |  |
| ( IN CHINESE )   |  |                   |                   |              |  |
| CONTACT TEL :  |  | E MAIL: _         |                   |              |  |
| EDUCATION :  |  |                   |                   |              |  |
| ANY CERTIFICATE ISSUED I   | 3Y HKASA OR O                                | THER ORGAN        | NISATION : ( cop  | y required ) |  |
| TEACHING / COACHING EXF  | PERIENCE IN SW                               | IMMING IF A       | NY: ( with date ε | and period ) |  |
|  |  |                   |                   |              |  |
| PLEASE INDICATE YOUR PR ASSIGNMENT IS AT THE TO CLASS C / ANY CLA SWIMMING CLUB'S RECOM! ( Reasons to support the applican | TAL DISCRETION SS OF A, B OR O MENDATION LET | N OF HKASA.<br>C) |                   |              |  |
|  |  |                   |                   |              |  |
|  |  |                   |                   |              |  |
| Club Head's signature :  |  | _ Club chop : _   |                   | Date :       |  |
| Name in block :  |  |                   |                   |              |  |

## **HKSCA Coach Accreditation Programme - Level 1 Coaching Course 2018-2019**

| DATE              | TIME                       | VENUE                   | CONTENT               | LECTURER |
|-------------------|----------------------------|-------------------------|-----------------------|----------|
| 14/10/2018 (Sun)  | 19:00-21:00                | HKSI (52MPOOL-10 Lanes) | Water Test            | YKT      |
| ` / /             |                            | CLASS A                 |                       | 1        |
| DATE              | TIME                       | VENUE                   | CONTENT               | LECTURER |
| 11/11/2018 (Sun)  | 08:30-10:30                | OH (Room 3-7)           | Lecture               | AYSL     |
| 11/11/2010 (5411) | 10:30-12:30                | OH (Room 3-7)           | Lecture               | FTC      |
|                   | 19:00-21:00                | HKSI (52MPOOL)          | Practical             | FTC      |
| 18/11/2018 (Sun)  | 08:30-10:30                | OH ( Room 3-7)          | Lecture               | YWP      |
| 10/11/2010 (5411) | 10:30-12:30                | OH (Room 3-7)           | Lecture               | FTC      |
|                   | 19:00-21:00                | HKSI (52MPOOL)          | Practical             | FTC      |
| 25/11/2018 (Sun)  | 08:30-10:30                | OH ( Room 3-7)          | Lecture               | FWT      |
| 23/11/2010 (5411) | 10:30-12:30                | OH (Room 3-7)           | Lecture               | FY       |
|                   | 19:00-21:00                | HKSI (52MPOOL)          | Practical             | FWT      |
| 02/12/2018 (Sun)  | 08:30-10:30                | OH ( Room 3-7)          | Lecture               | FWT      |
| 02/12/2010 (Sull) | 10:30-12:30                | OH ( Room 3-7)          | Lecture               | FY       |
|                   | 19:00-21:00                | HKSI (52MPOOL)          | Practical             | FWT      |
| 9/12/2018 (Sun)   | 08:30-10:30                | OH (Room 3-7)           | Lecture               | CQ       |
| 9/12/2010 (Sull)  | 10:30-12:30                | OH (Room 3-7)           | Lecture               | FY       |
|                   |                            | HKSI (52MPOOL)          |                       | FY       |
| 20/12/2018 (Thur) | 19:00-21:00<br>19:00-21:00 | OH ( Lecture Theatre )  | Practical Examination | YKT      |
| 20/12/2018 (1Hur) | 19:00-21:00                |                         | Examination           | INI      |
| T                 |                            | CLASS B                 |                       | T        |
| DATE              | TIME                       | VENUE                   | CONTENT               | LECTURER |
| 23/12/2018 (Sun)  | 08:30-10:30                | OH ( Room 3-7)          | Lecture               | AYSL     |
|                   | 10:30-12:30                | OH ( Room 3-7)          | Lecture               | FTC      |
|                   | 19:00-21:00                | HKSI (52MPOOL)          | Practical             | FTC      |
| 30/12/2018 (Sun)  | 08:30-10:30                | OH ( Room 3-7)          | Lecture               | YWP      |
|                   | 10:30-12:30                | OH ( Room 3-7)          | Lecture               | FTC      |
|                   | 19:00-21:00                | HKSI (52MPOOL)          | Practical             | FTC      |
| 06/01/2019 (Sun)  | 08:30-10:30                | OH ( Room 3-7)          | Lecture               | FWT      |
|                   | 10:30-12:30                | OH ( Room 3-7)          | Lecture               | FY       |
|                   | 19:00-21:00                | HKSI (52MPOOL)          | Practical             | FWT      |
| 13/01/2019 (Sun)  | 08:30-10:30                | OH ( Room 3-7)          | Lecture               | FWT      |
|                   | 10:30-12:30                | OH ( Room 3-7)          | Lecture               | FY       |
|                   | 19:00-21:00                | HKSI (52MPOOL)          | Practical             | FWT      |
| 20/01/2019 (Sun)  | 08:30-10:30                | OH ( Room 3-7)          | Lecture               | CQ       |
|                   | 10:30-12:30                | OH ( Room 3-7)          | Lecture               | FY       |
|                   | 19:00-21:00                | HKSI (52MPOOL)          | Practical             | FY       |
| 29/01/2019 (Tue)  | 19:00-21:00                | OH ( Lecture Theatre )  | Examination           | YKT      |
|                   |                            | CLASS C                 |                       |          |
| DATE              | TIME                       | VENUE                   | CONTENT               | LECTURER |
| 17/02/2019 (Sun)  | 08:30-10:30                | OH (Room 3-7)           | Lecture               | AYSL     |
|                   | 10:30-12:30                | OH (Room 3-7)           | Lecture               | FTC      |
|                   | 19:00-21:00                | HKSI (52MPOOL)          | Practical             | FTC      |
| 24/02/2019 (Sun)  | 08:30-10:30                | OH (Room 3-7)           | Lecture               | YWP      |
| –                 | 10:30-12:30                | OH (Room 3-7)           | Lecture               | FTC      |
|                   | 19:00-21:00                | HKSI (52MPOOL)          | Practical             | FTC      |
| 03/03/2019 (Sun)  | 08:30-10:30                | OH ( Room 3-7)          | Lecture               | FWT      |
| (0411)            | 10:30-12:30                | OH (Room 3-7)           | Lecture               | FY       |
|                   | 19:00-21:00                | HKSI (52MPOOL)          | Practical             | FWT      |
| 17/03/2019 (Sun)  | 08:30-10:30                | OH ( Room 3-7)          | Lecture               | FWT      |
| 1110012017 (Duil) | 10:30-12:30                | OH (Room 3-7)           | Lecture               | FY       |
|                   | 19:00-21:00                | HKSI (52MPOOL)          | Practical             | FWT      |
| 24/03/2019(Sun)   | 08:30-10:30                | OH (Room 3-7)           | Lecture               | CQ       |
| ation auto (Duil) | 10:30-12:30                | OH (Room 3-7)           | Lecture               | FY       |
|                   | 19:00-21:00                | HKSI (52MPOOL)          | Practical             | FY       |
| 02/04/2019(Tue)   | 19:00-21:00                | OH ( Lecture Theatre )  | Examination           | YKT      |
| 02/07/2017(1uc)   | 17.00-41.00                | OH ( Lecture Theatre )  | 12Aaiiiiiaultii       | 1171     |

08-10 Mar 2019 Age Group Short Course Champ.

Please bring your own swimming cap, kickboard and pullbouy during the practical session.自備游泳用具(泳帽,浮板及夾腳浮泡) HKSI(POOL) – Hong Kong Sports Institute, Shatin, New Territories.香港沙田體育學院

OH – Olympic House(Room 2-6), Stadium Path, 1, So Kon Po, Causeway Bay, Hong Kong. 香港銅鑼灣掃桿埔奧運大樓(政府大球場隔鄰)

## 交費前須知:

- 1. 本課程共 15 課節(星期日上午算兩節),出席率要求為 80%,不達標者不獲考試資格。
- 2. 遲到、早退超過30分鐘,將作缺課半節論,超過60分鐘,作缺課論。
- 3. 缺水上實習課超過一次須於下期補回。
- 4. 導師安排的作業必須準時繳交,欠交者不獲發証書。
- 5. 考試試卷為中文。合格要求為 60%,不設補考。
- 6. 任何作弊行為(如考試作弊、簽到後未經主辦單位負責人批准擅自早退) 一經發現即取消考試資格。

## Please read before paying fee:

- 1. This course is consisted of 15 lessons (Sunday morning session is counted as 2 lessons). An attendance rate of 80% is a pre-requisite for sitting for the course examination.
- 2. Late arrival or early dismissal for more than 30 minutes will be considered as absent for ½ lesson and for those exceeding 60minutes will be considered as absent for the lesson.
- 3. For those who are absent from the practical water class for more than once, will be required to attend make-up lessons in the next HKASA Swimming Teachers' Certificate course accordingly.
- 4. Attendees must submit home work as required by instructors failing which certificates will not be granted.
- 5. The examination will be carried out in Chinese. The passing requirement is 60% and no make-up examination can be arranged.
- 6. Any cheating action, e. g. cheating at examination or early dismissal without the organizer in-charge's approval after sign-in to class, will lead to dis-qualifying for sitting in the examination.